

# Cedars

Creative, Productive, Joyous Lives



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*I think a hero is an ordinary individual who finds strength to persevere and endure in spite of overwhelming obstacles.*

*Christopher Reeve*

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## **Dear Cedars families,**

These days each of us is facing significant obstacles in maintaining safe and healthy lives. But at Cedars those obstacles become unusually complex and can feel overwhelming at times.

Fortunately, Cedars has assembled a staff that is clear on its mission, diligent in their efforts, and completely dedicated to the health and well-being of our residents. We are planning, we are thoughtful but most importantly, perhaps, is **we are showing up**. In particular, those caring directly for our residents--day in and day out—have not wavered. They are present and continue to make lives creative, productive and joyous for Cedars participants...they are our heroes!

Suffice it to say, we are aggressively and proactively considering the **huge** myriad of alternative scenarios that could occur amid the crisis and developing specific protocols for each. All that amidst an external environment that changes almost hourly. We are in constant contact with the various informed resources (the CDC, Marin Health and Human Services, etc.) who are providing advice and new

regulations, and drawing on the experiences of our staff.

We will continue to communicate new updates, especially as they might affect you and your ability to be with family members. But for now and the foreseeable future, we do want to reiterate that **day programs are closed and residents are 'sheltering in place' in their respective homes (with plenty of activities and virtual contact with day program staff). No visitors (including family members) are allowed in the residences and if a resident leaves their home for visits they may not return for at least two weeks or, more likely, until the "Shelter in Place" order is lifted by the Governor.** Currently there are no cases or symptoms of COVID-19 among Cedars residents or staff.

Certainly if you have specific questions or concerns you may contact me (415) 235-8206, Cheryl White (415)378-3258, Rob Robinson (415)717-9032, Stacy Anderson (615)604-2526 or Kaeb Menker (510)290-0222.

Be well and stay safe,



Chuck Greene  
Executive Director

