

Cedars

Creative, Productive, Joyous Lives



Dear Cedars Family Members,

As we report on the latest updates from Cedars, this week, an important question we want to address – and perhaps one of the main reasons that you read these updates each week – is simply, **how are Cedars residents doing?** In short – they are **safe** and they are **engaged**.

Safe:

- Though cases in Marin County are rising, **Cedars residents and staff continue to have no cases or symptoms of COVID-19.**
- Cedars staff are now getting tested monthly (and whenever appropriate), and we continue to follow and reinforce our **strict health and safety protocols.**
- We are still awaiting specific direction from DDS about ongoing funding and from Community Care Licensing and the Marin Public Health Department about required safety practices at the day program sites. However, **we are continuing to work on detailed plans for day program services,** including conducting assessments to ensure we are incorporating individualized needs in our planning.

Engaged:

- While residents are certainly wondering when programs will resume, **morale is high!** Particularly as staff have created supportive environments – keeping a positive attitude and reinforcing that we're all in this together.
- Residents have been engaging in fun, **virtual activities** facilitated through Cedars Activities Program, such as a Friday night dances, weekly bingo, exercise classes and more – all over video calls!
- Many of these virtual activities are now available for participation by Cedars Day Program participants! More info will be shared from Day Program Managers.

- Cedars Day Program staff have been reaching out to participants by phone and distanced visits when circumstances allow (distancing, masking, outdoor settings and dependent on positivity rates in the community).
- Pre-pandemic, residents could always be found bowling at Country Club Bowl on Monday nights – now they're spinning strikes through Wii bowling! [See a video from this week's bowling here.](#)

While we continue to adapt to this constantly changing environment, at the center of our actions is the goal to keep residents **safe and engaged**.

Sincerely,



Chuck Greene
Executive Director

P.S. Today is the registration deadline for Shake, Rattle & Bowl 2020! Residents can register with their house/hall manager. Day program participants [register here.](#)

The Sharri McNeal Memorial Fund is currently at \$2,290.

Thank you to all who have donated!

If you'd like to make a contribution, [donate here](#) and include Sharri's name in the tribute section.